

SARAH SCHLOTE MA, RP, CCC, SEP

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ACADEMIC INTERESTS

The application of Somatic Experiencing®, EMDR® and other approaches to treating trauma in humans and horses; the impact of unresolved trauma in humans on equine behaviour, handling, and training; the incorporation of touch and body-oriented approaches into psychotherapy; the One Welfare initiative; mammalian psychophysiology, comparative psychology, and intersectionality; trauma neuroscience and treatment; the application of the polyvagal theory and attachment theory to the horse-human relationship; the welfare of horses in equine-assisted interventions; ethology, captivity conditions, and equine behaviour; parallels between the science and clinical practice of trauma treatment for humans and equine behavior consulting for horses.

EDUCATION

The University of Victoria, Victoria, BC, CANADA

Master of Arts, Counselling Psychology (trauma focus)

2006 - 2009

Thesis research: Animal-assisted therapy and equine-assisted therapy/learning in Canada: Surveying the current state of the field, its practitioners and its practices.

The University of Western Ontario, London, ON, CANADA

Non-Degree Student, Psychology

2003 - 2006

Honours Bachelor of Arts, English and French (linguistics and literature)

1998 - 2002

AWARDS

Full Scholarship, Fondation Baxter et Alma Ricard (\$150,000 CAD over 3 years)

2005 - 2008

University of Victoria Fellowship (\$6,700 CAD annually, declined due to Ricard Scholarship)

2006

Gold Medal Recipient, Honours English and French, The University of Western Ontario

2002

Dean's List (annually), The University of Western Ontario

1998 - 2002

Global-GIX Canada Scholarship / UWO In-Course Scholarship

1999 / 2001

Western Scholarship of Distinction, The University of Western Ontario

1998

PROFESSIONAL DEVELOPMENT

Theory and Clinical Practice in Mammalian Psychophysiology and Trauma Treatment

Instructor: Aline LaPierre, PhD, SEP

NeuroAffective Touch Training (registered for 3 modules, 12 days, London, ON)

June-December 2020

International Association of Animal Behavior Consultants (Instructors: Robin Foster, PhD and Lauren Fraser, CHBC)

Resolving Fear Issues in Horses: A Course for Equine Professionals (18 credits, 6 weeks)

2019

Focus on learning theory; ethograms; autonomic nervous system functioning, classical and operant conditioning; positive, negative, and differential reinforcement; equine enrichment; stimulus control; antecedent-behaviour-consequence assessment, and behaviour modification and shaping plans.

Instructors: Kathy Kain, PhD, SEP and Stephen J. Terrell, PsyD, SEP

Somatic Resilience and Regulation: Early Trauma Training (72 hours, Victoria, BC)

2016 - 2017

Touch Skills Training for Trauma Therapists (96 hours, Victoria, BC)

2015 - 2016

Concentrated study with the authors of *Nurturing Resilience*, focused on attachment theory (John Bowlby, PhD, Mary Ainsworth, PhD and Mary Main, PhD) and mammalian polyvagal theory (Stephen Porges, MD), animal model research, working with relational rupture and repair, creating safe haven conditions, recognizing autonomic nervous system signs of stress in response to interactions with others, working with the activation associated with being approached, proximity, touch, and separation, and clinical interventions to grow the window of tolerance, support co-regulation, and build resilience.

Somatic Experiencing® Trauma Institute (instructors: Berns Galloway, MEd, CCC, SEP and Kathy Kain, PhD, SEP)

Somatic Experiencing® Training Assistant (456 hours to date, Montreal, QC and London, ON)

2013 - present

Somatic Experiencing® Practitioner Training (216 hours plus consultations, London, ON, Texas, California)

2011 - 2013

Concentrated study in the work of Peter Levine, PhD, and Stephen Porges, MD, including the polyvagal theory of the autonomic nervous system in mammals; animal models of threat response cycles / defense cascade responses; neuroception of safety, danger, and life threat; development of trauma in mammals; impact of thwarted self-protective responses on physical, emotional and relational health and behaviours; management strategies (addictions, obsessive-compulsive behaviours, and other stereotypical responses to adverse or captivity conditions); body memory; and methods for re-negotiating biological completion, discharging residual survival activation, and supporting ANS regulation and coherence.

Generation Farms, Nanaimo, BC (Instructor: Deborah Marshall, MA, RCC)

Integrative Equine-Facilitated Wellness (EFW) Training (12 days)

2011 - 2012

Focus on trauma psychophysiology in mammals, the horse-human relationship, the neuroscience of mindfulness, co-facilitation of horse-human interactions, the welfare of horses in equine-assisted interventions, scope of practice issues, drawing from the work of Peter Levine, PhD (Somatic Experiencing®), Pat Ogden, PhD (Sensorimotor Psychotherapy), Daniel Siegel, MD (Interpersonal Neurobiology), Jon Kabat-Zinn, PhD (Mindfulness-Based Stress Reduction), Babette Rothschild, MSW (Somatic Trauma Therapy), and Linda Kohanov (Eponaquest Approach®).

Additional Training in Trauma Neuroscience and Treatment

Brainspotting Level 2 , Ottawa, ON	February 28-March 1, 2020
Brainspotting Level 1 , David Grand, PhD, Toronto, ON	May 23-25, 2019
EMDR® Advanced Training: Treating Dissociative Disorders , Dolores Mosquera, MA, Toronto, ON (2 days)	April 2019
Introduction to NeuroAffective Touch , Aline LaPierre, PsyD, Santa Barbara, CA (6 hours)	2018
Treating Dissociation / Structural Dissociation Theory , Kathleen Martin, LCSW, Toronto, ON (12 hours)	2017
Treating Complex Trauma with EMDR® and Structural Dissociation Theory Webinars , Kathy Martin, LCSW (12 hours)	2017
Shame and Self-Loathing in the Treatment of Trauma , Janina Fisher, PhD, Toronto, ON (6 hours)	2017
Basic EMDR® Training , Barbara Horne, MAsc, RP, RMFT, Kitchener and Toronto, ON (60 hours)	2016
Working with Shame USABP Webinars, part 1 and 2 , Bret Lyon, PhD, SEP and Sheila Rubin, MA, LMFT	2016
Healing Developmental Disruptions USABP Webinar , Anne Isaacs, LCSW and Joel Isaacs, PhD	2016
Body Memory Recall Training, levels 1 and 2 , Jonathan Tripodi, Waterdown, ON (42 hours)	2015
Sensory-Motor Arousal Regulation Treatment , Trauma and Attachment Conference, Elizabeth Warner, PhD (6 hours)	2015
The Psychology of the Body: Body Reading and Developmental Trauma , Peter Levine, PhD, Dana Point, CA (5 days)	2015
Mind-Body Approaches to Addictions Recovery , Gabor Maté, MD, Owen Sound, ON (6 hours)	2014
Interpersonal Neurobiology , Daniel Siegel, MD, Trauma and Attachment Conference, St. Catharines, ON	2013
Trauma Releasing Exercises , David Berceli, PhD, Trauma and Attachment Conference, St. Catharines, ON	2013
Engaging Traumatized Clients Who Avoid Attachment, Closeness and Painful Feelings , Robert Muller, PhD, Toronto, ON	2013

Additional Equine and Human-Animal Studies

INSTITUT EMANASSO, Marseille, France

EMDR for Animals (3 days)

October 2019

Applying the EMDR® protocol to working with non-human mammals, including dogs, cats, and horses.

International Society for Equitation Science, Guelph, ON

ISES Conference 2019: Bringing Science to the Stable (4 days)

August 2019

Seminars on large animal rescue, the welfare of horses in equine-assisted interventions, equine behaviourism, and research.

Minds in Motion Education and Research Center / Venue: Lackawanna College, Scranton, PA

3rd International Symposium for Equine Welfare and Wellness (2 days)

April 2019

Seminars on equine ethology, research, ethics, and welfare in the context of equine-assisted interventions.

International Association of Human-Animal Bond Organizations (LAHAIO) / Venue: Green Chimneys, Brewster, NY

15th Triennial Conference, Science Meets Practice: Creating Healthy Environments for People and Animals

April 2019

Seminars on ethology, research, ethics, and welfare in the context of animal-assisted interventions.

Animal and Interpersonal Abuse Research Group (AIPARG) and University of Windsor / Windsor, ON

Animals and Us: Research, Policy and Practice Conference

October 13, 2019

Seminars on animal ethics, conservation, speciesism, eco-feminism, intersectionality, and oppression.

Natural Lifemanship (Instructors: Bettina Shultz-Jobe, MA, LPC and Tim Jobe)

Fundamentals of Trauma-Focused Equine-Assisted Psychotherapy (15.75 hours)

2018

Integration of the Neurosequential Model of Therapeutics (Bruce Perry, MD), attachment, and negative reinforcement in horse-human relationship interactions.

The Wright Approach / Venue: Four Season Equestrian, Ravenna, ON (Clinician: Marina Wright)

Pair Bond Training Workshop (6 hours)

November 2018

Pair Bond Training for horse-human relationships draws extensively from the liberty work of Carolyn Resnick.

Minds in Motion Education and Research Center / Wartenburg, Germany

1st International Symposium for Equine Welfare and Wellness (3 days)

July 2017

Seminars on equine ethology, research, ethics, and welfare in the context of equine-assisted interventions.

Ears Forward Coaching / Venue: Brookville Equine Centre, Brookville, ON (Clinician: Sharolyn Wandzura)

The Dance of Relationship: Introduction to the Waterhole Rituals® Clinic (10 hours)

September 2013

Immersion into the Carolyn Resnick Method, looking at developing the horse-human relationship at liberty.

Green Chimneys Children's Center, Brewster, NY

Humane Education Conference: Building Humane Communities – Becoming Agents of Positive Change
Seminars on the human-animal bond and the ethics and welfare of animals in animal-assisted interventions (2 days).

April 2011

Canadian Therapeutic Riding Association, Duncan, BC (Instructor: Sue McIntosh, MA, CCC)

CanTRA Power of the Horse Conference and Pre-Conference EFMH Seminar (2 days)

2007

Attended lectures and demonstrations focused on the ethics and practice of equine-facilitated mental health.

PUBLICATIONS

Schlote, S. (2019). **Security in Connection and Co-Regulation: Safeguarding the Horse from Traumatic Re-enactments in EQUUSOMA™**. In I. Parent (Ed.), *Third International Symposium for Equine Welfare and Wellness*. Createspace Independent Publishing Platform.

Schlote, S. (2018). **Integrating Somatic Experiencing® and Attachment Theory into Equine-Facilitated Trauma Recovery**. In K. Trotter and J. Baggerly (Eds.), *Equine-Assisted Mental Health for Healing Trauma* (pp. 3-18). Routledge.

Schlote, S. & Parent, I. (2018). **Treating Structural Dissociation Through Equine-Assisted Trauma Therapy: Working with the Parts System**. In K. Trotter & J. Baggerly (Eds.), *Equine-Assisted Mental Health for Healing Trauma* (pp. 19-43). Routledge.

Schlote, S. (2017b). **How Somatic Experiencing® and Attachment Principles Can Increase Safety and Welfare in Equine-Assisted Interventions and Horsemanship Approaches**. In I. Parent (Ed.), *Compendium from the First International Symposium of Equine Welfare and Wellness (Part 2)*. Createspace Independent Publishing Platform.

Schlote, S. (2017a). **Applying a Trauma Lens to Equine Welfare**. In I. Parent (Ed.), *Compendium from the First International Symposium of Equine Welfare and Wellness (Part 1)*. Createspace Independent Publishing Platform.

ACADEMIC TEACHING

Faculty of Social Work, Wilfrid Laurier University – Kitchener, ON

Trauma Certificate Program (1 and 2-day courses)

- Treating Trauma: Frameworks and Promising Practices May 13, 2019
- Working with Parts: Healing the Child(ren) Within May 15, 2018; Feb 27-28, 2019; Feb 24-25, 2020
- Empowered Boundaries: Somatic Exercises for Assertiveness Nov 27, 2017 & 2018; Nov 4, 2019
- Developmental Trauma: Attachment Rupture and Repair Nov 12-13, 2018; Nov 19-20, 2019
- Fundamentals of Somatic Experiencing® *with license from SETI Sept 24, 2018; Jan 24, 2020
- Integrative Trauma Treatment: Somatics, Attachment and Neuroscience Approaches June 20-21, 2017 & June 5-6, 2018

University of Guelph – Guelph, ON

Certificate in Couple and Family Therapy Studies

Guest Speaker, Therapy Interventions for Trauma, Abuse and Violence course 4 hours, April 22, 2017
(Instructor: LaRee Walters-Boadway, MSW, RSW) 2 hours, March 5, 2016

Yorkville University – Online Instruction

Master of Arts in Counselling Psychology Webinar Series (two 1-hour courses) June-August, 2016

Department of Educational Psychology and Leadership Studies, University of Victoria – Victoria, BC

Graduate Teaching Assistant, ED-D518 Theories of Counselling Psychology 2007

Graduate Facilitation Practicum, ED-D414 Group Processes (co-taught undergraduate course) Sept - Dec 2006

CONFERENCE PRESENTATIONS

Trauma Treatment and Trauma-Informed Care

The Family Centre, Kitchener, ON

Bereaved Families of Ontario Conference October 24, 2019

Topic: Grief, Loss and Bereavement Through a Trauma Lens

Attachment and Trauma Treatment Centre for Healing / Niagara Falls, ON

2018 Trauma and Attachment Conference March 19, 2018

Topic: Working with Parts - Healing the Child(ren) Within (full-day seminar)

Attachment and Trauma Treatment Centre for Healing / St. Catharines, ON

2016 Trauma and Attachment Conference April 12, 2016

Topic: Empowered Boundaries - Somatic Exercises for Health Anger, Assertiveness and Agency (full-day seminar)

St. Leonard's Community Services / Venue: Wilfrid Laurier University, Brantford, ON

Mental Health and Addictions Forum: Breaking the Silence of Trauma February 19, 2016

Topic: Trauma and the Body - Somatic Principles for Self-Regulation

- Aboriginal Training and Consulting Services, Zarchikoff & Associates – Richmond, BC*
Mindfulness Training Conference: A Novel Approach to Intervention in Aboriginal Communities June 17, 2015
 Topic: Trauma-Sensitive Mindfulness Seminars (through an indigenous lens)
- Canadian Counselling and Psychotherapy Association / Niagara Falls, ON (May 19)*
CCPA National Conference May 19, 2015
 Pre-Conference Event: Trauma-Informed Mindfulness, Meditation and Yoga (full day seminar)
- St. Leonard's Community Services / Venue: Wilfrid Laurier University, Brantford, ON*
Mental Health and Addictions Forum February 20, 2015
 Topic: Reducing the Risks of Abstinence Through Emotional Regulation
- Distress Centres Ontario / Cambridge, ON*
DCO Spring Conference April 24, 2014
 Speaker Panel: Best Practices in Trauma-Informed Support
- Wellington-Guelph Drug Strategy / Venue: Calvary Baptist Church, Guelph, ON*
Our Stories: Women and Harm Reduction Forum March 20, 2014
 Topic: Harm Reduction Through a Trauma-Informed Lens
- CAST Canada / Venue: The Nottawasaga Inn, Alliston, ON*
Grounding Trauma Conference May 9, 2013
 Pre-Conference Event: Bodywork – Exploring the Connection Between Trauma and the Body, and the Role of Somatic Therapies and Yoga in Supporting Safety and Stabilization (full day seminar co-taught with Caroline Owen, BA, E-RYT)
- CAST Canada / Venue: The Nottawasaga Inn, Alliston, ON*
Grounding Trauma Conference May 10, 2012
 Topic: Beyond Safety and Stabilization: Understanding the Body's Response to Trauma to Foster Self-Regulation and Healing

Human-Animal Interactions and Equine Behaviour and Welfare

- The Human-Equine Relational Development (HERD) Institute, Lexington, KY*
The HERD Conference: Sharing Space with Love and Compassion July 10-11, 2020
 Pre-Conference Seminar: Introduction to EQUUSOMA®: Somatic Experiencing® in Equine Interaction Programs
 Keynote: The “Ponyvagal” Theory in Horse-Human Trauma Recovery
- Natural Lifemanship / Venue: Miracle Farm, Brenham, TX*
2nd Natural Lifemanship Conference: Deep Dive October 18 and 20, 2019
 Topics: Attachment as a Somatic Experience, and Co-Regulating Touch (full-day offerings)
- University of Guelph, ON*
International Society for Equitation Science Conference August 21, 2019
 Poster Presentation: Applying the Polyvagal Theory to Equine Behaviour and the Horse-Human Relationship
- International Association of Human-Animal Bond Organizations (IAHAIO) / Venue: Green Chimneys, Brewster, NY*
15th Triennial Conference, Science Meets Practice: Creating Healthy Environments for People and Animals April 14, 2019
 One Health and Welfare Stream Topic: Trauma-Informed Care – Applying a Trauma Lens to the Animals as Well as the Humans in Animal-Assisted Interventions (equine focused; selected for video recording)
- United States Association for Body Psychotherapy / Venue: Pacifica Graduate Institute, Santa Barbara, CA*
USABP Conference: The Science of Connection – Honoring Somatic Intelligence November 2, 2018
 Topic: Integrating Somatic Experiencing® and Attachment Work into Equine-Assisted Trauma Recovery
- Animal and Interpersonal Abuse Research Group (AIPARG) and University of Windsor / Windsor, ON*
Animals and Us: Research, Policy and Practice October 13, 2018
 Topic: Attachment Dynamics in Human-Animal Relationships
- Natural Lifemanship / Venue: Miracle Farm, Brenham, TX*
1st Natural Lifemanship Conference October 18-20, 2017
 Topic: Somatic Experiencing®, Attachment and Touch in Equine-Assisted Practice (plenary session and three experiential learning breakout sessions)
- Minds in Motion Education and Research Center / Wartenburg, Germany*
1st International Symposium for Equine Welfare and Wellness July 11-13, 2017
 Topic 1: Applying a Trauma Lens to Equine Welfare
 Topic 2: Integrating Somatic Experiencing® and Attachment Theory to Guide Equine-Facilitated Trauma Therapy
 Speaker Panel: Equine Welfare and Wellness in Equine Interaction Programs
- Centre l'Authentique / Venue: Hôtel Sandman, Montréal, QC*
1^{er} Congrès International de la Zoothérapie [1st International Animal-Assisted Therapy Conference] 2009
 Topic: La zoothérapie au Canada : Un domaine en évolution [Animal- and Equine-Assisted Therapy/Learning in Canada: An Evolving Field]

International Society for Anthrozoology (ISAZ) / Venue: University of Toronto

Annual Conference – Human-Animal Bond: Theory, Research & Practice

August 13-15, 2008

Poster: Animal- and Equine-Assisted Therapy and Learning: A Critical Review of the Current State of the Field in Canada (master's thesis research review)

Canadian Foundation for Animal-Assisted Support Services / Ottawa, ON

Animal-Assisted Support Services Bridge Builders Initiative Conference

2008

Topic: Animal-Assisted Therapy and Equine-Facilitated Psychotherapy in Canada

TRAINING CONTRACTS

Horse-Human Interactions (with licensing from SETI)

EQUUSOMA® Certificate Trainings , see website for dates and locations	2020
Trauma-Informed Horsemanship Workshop , Toronto, ON	November 16-17, 2019
Trauma-Informed Horsemanship Clinic , Moussac, France	September 28-29, 2019
EQUUSOMA® Basics Training Intensive (for equine-assisted practitioners) , Moussac, France	September 23-27, 2019
Trauma-Informed Horsemanship Clinic , Gold Coast, Australia	August 31-September 1, 2019
EQUUSOMA® Basics Intensive (for equine-assisted practitioners) , Gold Coast, Australia	August 26-30, 2019
EQUUSOMA® Basics Intensive (for equine-assisted practitioners) , Ottawa, ON	July 8-12, 2019
Therapist-Assisted Horsemanship Clinic , with Todd Owens, WindReach Farm, Ashburn, ON	March 4, 2018
EQUUSOMA® and Trauma-Informed Equine-Assisted Practice , with Victoria Poe, MSW, Damascus, ON	Dec. 1-2, 2017
EQUUSOMA® and Trauma-Informed Equine-Assisted Practice , with Victoria Poe, MSW, Damascus, ON	Sept. 16-17, 2017

Trauma Treatment and Trauma-Informed Care (selected trainings with licensing from SETI)

Working with the Body and Boundaries in Somatic Experiencing® , Wilfrid Laurier University	Feb 20-21, 2020
Trauma, Attachment and Addiction: A Somatic Experience , House of Friendship, Kitchener, ON	Jan 23 and March 26, 2020
Trauma Treatment and the Four Directions , Beausoleil First Nation, Christian Island, ON	June 6-7, 2019
Principles and Practices of Trauma-Informed Care , Mission: Empowerment, Stratford, ON	Oct 18-19, 2018
Trauma-Informed Supportive Housing , Gateway Housing and Support Services, Niagara Falls, ON	April 10-11, 2018
Trauma-Informed Mindfulness , Upper Grand Family Health Team, Guelph, ON (full day)	Feb 14, 2018
Trauma-Informed Mindfulness , Venue: Ignatius Jesuit Centre, Guelph, ON	Sept 22-24, 2017
Trauma-Informed Yoga , with Caroline Owen, BA, E-RYT, Venue: Dalhousie University	June 8-11, 2017
Trauma-Informed Yoga , with Caroline Owen, BA, E-RYT, Sugar Ridge Retreat Centre	Oct 22-25, 2015 & Nov 19-22, 2016
Somatic Therapies: Working with the Body to Heal Trauma and Chronic Stress , St. David's, ON	August 7, 2015
Foundations of Trauma and Attachment , Cree School Board, Val d'Or, QC	May 26-28, 2015
Trauma Lifeline: Skills for Crisis and Distress Line Workers , Distress Centre Niagara, Thorold, ON	Feb 27-28, 2015
Trauma-Informed Safety and Stabilization Training , Addiction Services, House of Friendship, Kitchener, ON	Jan 13-14, 2015
Trauma Lifeline: Skills for Crisis and Distress Line Workers , Distress Centre Niagara, Thorold, ON	Jan 2-3, 2015
Trauma Lifeline: Skills for Crisis and Distress Line Workers , Distress Centre Niagara, Thorold, ON	Dec 3-4, 2014
Introduction to Trauma-Informed Yoga , with Caroline Owen, BA, E-RYT, Guelph, ON	Oct 18-19, 2014
Trauma-Informed Foster Parenting , Satori Homes, Inc., Guelph, ON	July 24, 2014
Working with Trauma and the Body: Workshop and Group Consultation , The Refuge, Guelph, ON	June 16, 2014
Walking the Edge of the Thin Blue Line: Managing the Effects of Frontline Work , Wellington County OPP	May 27, 2014
Introduction to Trauma-Informed Yoga , with Caroline Owen, BA, E-RYT, Norwood, ON	April 5-6, 2014
Trauma-Informed Principles, Psychophysiology, and Self-Regulation , Homewood Health Centre, Guelph, ON	March 31, 2014
The Psychophysiology of Self-Regulation: Skills to Stabilize Trauma , CAST Canada, Ottawa, ON	Nov 18, 2013
Principles of Trauma-Informed Practice , Guelph Community Health Centre, Guelph, ON	Sept 17, 2013
The Psychophysiology of Self-Regulation: Skills to Stabilize Trauma , CAST Canada, Burlington, ON	August 16, 2013
The Psychophysiology of Self-Regulation: Skills to Stabilize Trauma , CAST Canada, Brantford, ON	June 4, 2013
Somatic Therapy: How Trauma Impacts the Nervous System , Guelph Community Health Centre	May 14, 2013
Trauma and the Body: Somatic Skills for Self-Regulation , CAST Canada, Cambridge, ON	March 5, 2013
Trauma, the Body, and Frontline Work , CAST Canada, Kitchener, ON	Jan 14, 2013
Trauma-Informed Practice and Support , with Barb Peck, MSW, multiple 2-day agency trainings, Victoria, BC	2009

Community-Wide Trauma Services Trainings

Kawartha Sexual Assault Centre – Peterborough, ON

Working with the Body and Boundaries in Somatic Experiencing®: A Polyvagal Perspective

Feb 4-5, 2020

CMHA Waterloo Wellington, Wellington Guelph Drug Strategy, Waterloo Region Integrated Drug Strategy / Guelph & Kitchener, ON

Healing Together: Working Through Our Grief and Loss

Nov 26 & 28, 2019

Halton Region Prevention and Intervention Committee (Child and Youth Serving Agencies and School Boards) / Burlington and Oakville, ON

Tier 2: Trauma-Specific Treatment

Feb 14-15, 2018; April 5-6, 2018; Feb 11 & March 25, 2019

Tier 1: Introduction to Trauma-Informed Care

Jan 25 & Nov 22, 2018

PROFESSIONAL EXPERIENCE

Associate, Dr. Shari Geller and Associates / Dr. Julianna Switaj – Guelph, ON	2013-2018
Training Assistant and Approved Session Provider (all levels), Somatic Experiencing® Trauma Institute	2015-present
Therapist, Consultant and Trainer, EQUUSOMA® Horse-Human Trauma Recovery (formerly EquuSpirit)	2014-present
Trauma Therapist and Consultant, The Refuge: Centre for Healing and Recovery (private practice) – Guelph, ON	2011-present
French Language Health Services Coordinator, Central West Local Health Integration Network – Brampton, ON	2010-2012
Individual, Couple and Family Therapist, Catholic Family Services Peel Dufferin – Brampton / Mississauga, ON	2009-2010
PAR Men's Group Facilitator, Catholic Family Services Peel Dufferin – Brampton / Mississauga, ON	2009-2010
Mental Health Clinician, Urgent Short-Term Assessment and Treatment, Island Health / VIHA – Victoria, BC	2009
Relief Crisis Line Support Worker, Victoria Sexual Assault Centre – Victoria, BC	2009
Crisis Counsellor and Group Facilitator, Victoria Sexual Assault Centre – Victoria, BC	2008-2009
Relief Case Manager, Victoria Mental Health Centre, Island Health / VIHA – Victoria, BC	2007-2008
Career Counsellor and Group Facilitator, ACFO de London-Sarnia – London, ON	2001-2005

DESIGNATIONS AND MEMBERSHIPS

Registered Psychotherapist (#3402), College of Registered Psychotherapists of Ontario (CRPO)
Somatic Experiencing® Practitioner, Somatic Experiencing® Trauma Institute
Canadian Certified Counsellor (#0476), Canadian Counselling and Psychotherapy Association (CCPA)
Clinical Member, United States Association of Body Psychotherapy (USABP)
Member, International Society for the Study of Trauma and Dissociation (ISSTD)
Member, Equine-Facilitated Wellness Canada (EFW-CAN)
Affiliate Member, International Association of Animal Behavior Consultants (IAABC)
Member, International Society for Equitation Science (ISES)

SETM AND EQUINE-FOCUSED PODCASTS AND WEBINARS

April 8, 2020 webinar, EQUUSOMA® (for members of the Somatic Experiencing® Trauma Institute)
January 30, 2020 ConnEQction webinar for EAPL professionals, EQUUSOMA®, SETM, and Horsemanship (link coming soon)
2019 Virtual Conference, *The Power of Partnering with Horses in Healing*: <https://www.unbridledchange.org/PPHH-2019-UBC>
August 8, 2019 webinar, Introduction to the Polyvagal Theory (for The Whole Horse Apprenticeship with Alexa Linton)
April 2, 2019 episode on *Come Along for the Ride with Tracy Malone*: <https://comealongfortheride.com.au>
January 23, 2019 webinar, EQUUSOMA® (for members of the Somatic Experiencing® Trauma Institute)
January 3, 2019 episode on *The Whole Horse Podcast with Alexa Linton*: <http://wholehorse.ca/episode-24/>
September 21, 2018 episode on *The Whole Horse Podcast with Alexa Linton*: <http://wholehorse.ca/episode-21/>

LANGUAGES

English and French