



The HPIC TRAUMA COMMITTEE
invites you to attend
TRAUMA AWARENESS TRAINING
TIER 1

November 22nd, 2018

9:00 a.m. - 4:30 p.m.

at the

Burlington Convention Centre

1120 Burloak Dr., Burlington

This **Tier 1 Trauma Awareness Training** event is for Halton agencies and partners. Our speaker is **Sarah Schlote, MA, RP, CCC, SEP**, a Registered Psychotherapist, Canadian Certified Counsellor, and Somatic Experiencing Practitioner.

Sarah will discuss the principles of trauma-informed care, features of trauma-informed child service systems, and staged models of trauma intervention. She will review child traumatic stress and other adverse stressors and factors that impact healthy development, symptoms of trauma, and resiliency factors. The training will also cover the science of trauma and attachment, brain development, and the importance of understanding behaviour and symptoms through a trauma lens. Finally, there will be a review of compassion fatigue, vicarious trauma and burnout to underscore the importance of self-care.

Registration Fee:

HPIC members: \$25 per person

Non-HPIC members: \$50 per person

Please register by November 2nd, 2018 at
rockevents.ca

*Lunch will be provided.

Please include any dietary restrictions in your registration order notes.